

# Parkview July 2017

◀ June 2017		July 2017					August 2017 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	
2	3 LHS Lifting 5-6 PM Club Workout 6-7:30 PM	4	5 LHS Lifting 5-6 PM Club Workout 6-7:30 PM	6	7	8	
9	10 LHS Lifting 5-6 PM Club Workout 6-7:30 PM	11	12 LHS Lifting 5-6 PM Club Workout 6-7:30 PM	13	14 USA Wrestling Nationals Fargo North Dakota 14- 22nd	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31	After Fargo, we will take the rest of July and all of August off. Please follow your lifting program over your break. If you need an extra copy, please let me know.					